



Week of 10/19/25



Icebreaker



- What's a time you said, "I'll never do that," and ended up doing it anyway?
- If you had to live one day over again, what would it be?



Discussion Questions



- Where in your life do you sense God inviting you to a reset?
- The woman at the well came at noon to avoid people, yet that's where she met Jesus. How has God met you in a moment or place you didn't expect?
- Why do you think we sometimes avoid the very places or conversations where healing could begin?
- Jesus said, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give will never thirst." What does "living water" look like in your everyday life?
- The sermon said, "He scheduled grace for the same hour she scheduled shame." How does that truth speak to your story or season right now?
- Can you think of a time when something painful had to be brought into the light before it could heal? What was that like for you?
- Mark said, "He doesn't reveal it to rub it in—He reveals it to redeem it." What does that reveal about God's character?
- The woman tried to change the subject when Jesus got close to her pain. What distractions do we use to avoid dealing with what God wants to heal?
- How has Jesus turned one of your wounds into a story or testimony that now helps others?
- The woman left her water jar behind—her old reason for coming. What's something symbolic you might need to "leave behind" this season to make room for what God wants to do next?



Thought for the Group



The message took us to a story in John 4, where Jesus meets a Samaritan woman at a well in the middle of the day, when no one else would be there, because shame had shaped her schedule. Jesus “had to go through Samaria”—not because it was the fastest route, but because there was someone there He wanted to meet, that detail changes everything. It tells us that Jesus is intentional with His timing. He knows exactly where to find us. He doesn’t wait for us to clean up our story; He steps right into the middle of it. He doesn’t expose wounds to humiliate us; He brings them into the light so He can heal them. And like the woman at the well, when we allow Him to touch what’s been hidden, healing begins to flow. Jesus didn’t just restore the woman’s dignity—He gave her purpose. The same woman who avoided people ran back to tell her whole town about the Savior she met. Her story became the spark for revival. That’s what Jesus does. He changes people, and through changed people, He changes cities. As a church, Day 1 is more than a celebration; it’s a declaration. It’s a call to reset our hearts, renew our focus, and remember that God still has more to do.



Next Steps



- Identify something that’s been keeping you stuck — a habit, a fear, a mindset, or even a comfort zone. Make a conscious decision to set it down. Tell a trusted friend or mentor about it and ask them to pray with you as you move forward. Let this be your declaration that you’re ready for what God has for you.
- Be intentional this week about connecting with someone outside your usual circle — a neighbor, coworker, classmate, or someone who might feel overlooked. Listen to their story. Pray for them. Encourage them. Step into their world with the same compassion Jesus showed the woman at the well, and believe that through you, He can begin to change everything.